

2013 Chicago DNS Summit DNS SCIENTIFIC SYMPOSIUM October 23, 2013

DNS CHICAGO AUTUMN
COURSE CERTIFICATION
SERIES AND
SCIENTIFIC
CONFERENCE



REHABILITATION PRAGUE SCHOOL



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A day of scientific research presentations from leading American and European Clinicians to present and strengthen the position of Dynamic Neuromuscular Stabilization (DNS).

Live patient assessments will be performed by Professor Pavel Kolar utilizing DNS diagnostic principles.

Dynamic Neuromuscular Stabilization has experienced a profound decade of growth. The valuable research, diagnostic, and therapeutic approaches are now taught on multiple continents and utilized by MD's, DC's and PT's around the world. What began as a few doctors travelling to Europe to learn from Lewit, Janda, Vojta, and Kolar has grown

internationally, especially in North America and all of Europe to learn from Prof. Kolar and his staff. The DNS approach has also grown in its therapeutic applications. We are now recording profound results in rehabilitating patients who have been afflicted with Cerebrovascular Accidents, Charcot-Marie-Tooth, Cranial Neuropathies, and GERD.

With increasing interest and exciting advances in DNS outcomes, new and broader scientific research is needed to both substantiate and better understand this approach. This conference will present DNS principles in varying approaches designed to intrigue clinicians and researchers.

2013 CHICAGO DNS SUMMIT

Surrounding the Chicago DNS Scientific Conference are two weekends of DNS Courses

October 19-21: DNS Course A

October 19-20: DNS Course for Exercise professionals – Part I

October 21-22: DNS Viscero-somatic course (GERD, swallowing problems pelvic floor dysfunction)

October 23: DNS Scientific Conference

October 24-27: DNS Course B & DNS Course C

Register now at: www.rehabfai.com; www.rehabps.com (Courses)

Learn more by visiting: www.rehabps.com - www.rehabfai.com - www.gripapproach.com

Conference Highlights

- Current state of DNS science
- Postural role of the diaphragm
- DNS approach to:
 - Charcot-Marie-Tooth
 - Gynecological Disorders
 - Multiple Sclerosis
 - Gastro-Esophageal Reflux
 - Cranial Neuropathies
 - Sports Injuries

Workshop:

Prof. Kolar: Assessment & Treatment of live patients

Key Presenters:

- Prof. Pavel Kolar, PhD
- Alena Kobesova, MD, PhD
- Prof. Craig Morris, DC
- Petr Bitnar, DPT
- Martina Jezkova, DPT
- Petra Valouchova, DPT, PhD
- Prof. David Juehring, DC
- Martina Kövári, MD
- Vladimír Bokarius, MD, PhD

...and more

Look for speaker updates!!

Set your schedule for this week now!!

REGISTRATION OPEN NOW!

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DYNAMIC NEUROMUSCULAR STABILIZATION (DNS)

The nervous system establishes programs that control human locomotion, which is comprised of posture and movement. This 'motor control' is largely established during the first critical years of life. Therefore, the "Prague School" emphasizes neurodevelopmental aspects of motor control in order to assess and restore dysfunction of the locomotor system and associated syndromes.

The "Prague School" of Rehabilitation and Manual Medicine was established by key neurologists/physiatrists, all of who were giants in the 20th Century rehabilitation movement: Professors' Vaclav Vojta, Karel Lewit, Vladimír Janda, Frantisek Vele, and Jan Jirout.

Based upon the groundbreaking neurodevelopmental and rehabilitation principles described by these mentors, Pavel Kolar has organized the next generation of clinical protocols that are designed to restore and stabilize locomotor function. This 21st Century rehabilitation approach is called Dynamic Neuromuscular Stabilization.





Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Northwestern University Feinberg School of Medicine and Prague School of Rehabilitation. The Northwestern University Feinberg School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Symposium location: Chicago Hilton Northbrook
2855 N. Milwaukee Ave.
Northbrook, Illinois 60062
+1-847-480-7500

DNS Scientific Symposium Agenda

- 8:30-9:00 Morris: Welcome/Historical Perspective & Commentary
9:00-9:30 Kobesova: Introduction to Dynamic Neuromuscular Stabilization Approach & Diaphragm role in Stabilization
9:30-9:45 Juehring: DNS in Sports Management
9:45-10:00 Mainville: DNS in Elite Athletes: The Major League Baseball Experience
10:00-10:20 Discussion
- 10:20-10:50 Break
- 10:50-11:10 Valouchova: DNS & Developmental kinesiology aspects in pediatrics
11:10-11:30 Jezkova: DNS in Gynecological and Obstetrics disorders
11:30-11:50 Bitnar: DNS in Viscerosomatic disorders
11:50-12:10 Winchester: DNS in Chronic Pain Syndromes
12:10-12:30 Discussion
- 12:30-1:45 Lunch
- 1:45-2:05 Bokarius: Neurophysiology in DNS
2:05-2:25 Kovari: DNS in Neurological disorders – Multiple Sclerosis
- 2:25-2:55 Keynote lecture: Schneider: Establishing the Evidence Base: Acceptable Levels of Uncertainty?
2:55-3:15 Discussion
- 3:15-3:45 Break
- 3:45-4:15 DNS Patient Demonstration with Professor Kolar (Baby 3-9 months old)
4:15-4:45 DNS Patient Demonstration with Professor Kolar (athlete)
4:45-5:15 DNS Patient Demonstration with Professor Kolar (patient – vertebrogenic or neurological)
5:15-5:45 Panel Discussion/Q&A